

# LUNCH

## Hot -SANDWICHES

Sandwiches served w/ choice of side.

### **SWEET & SPICY CHICKEN**

**SANDWICH** Chicken breast, melted swiss cheese, house made tomato jam, Two Men and a Garden™ spicy dill pickles, lettuce, tomato on a pretzel bun. 9.99

**CHICKEN CLUB** ¼ pound sliced roasted chicken, 4 bacon slices, lettuce, tomato, provolone cheese, and spicy mayo on 5 grain bread 10.50

**QUESADILLA** Black bean, corn, salsa verde & Cheddar cheese on 12” whole wheat tortilla. Served with sour cream and salsa verde 8.99

**PORTABELLA** ¼ pound roasted portabella, provolone cheese, lettuce, tomatoes, with basil pesto on Pretzel bun; 9.99

**REUBEN** ¼ pound corned beef, sauerkraut, Swiss cheese, Thousand Island dressing on Seeded NY Rye 9.25

**GRILLED TRIPLE CHEESE** Sharp cheddar and provolone melted inside with a parmesan crust outside on white bread grilled 8.99

**NAPOLI PANINI** ¼ pound chicken, artichoke hearts, spinach, provolone, and basil pesto on herbed focaccia bread 10.50

**HAM AND CHEESE** ¼ pound ham, Swiss cheese on 5 grain bread 8.99

## **SIDES**

Potato salad - Home fries  
Side green salad - Fruit cup - Bag of chips  
- Veggie of the day - Sauerkraut  
Cup of soup

## Cold -SANDWICHES

Sandwiches served w/ choice of side.

**BLT** Bacon, lettuce, and tomato with mayo on toasted white bread 9.25

### **CHICKEN SALAD SANDWICH**

Chicken salad (made with chicken, grapes, celery, pecans, and mayo) along with lettuce and sliced tomato on croissant 9.25

**VEGGIE WRAP** Onion, snow peas, carrots, red bell peppers, walnuts, red pepper hummus & sweet potato spread, lettuce & tomato in 12” whole wheat tortilla 8.99

## SALADS

Served with bagel chips

### **CHICKEN SALAD ON GREENS**

lettuce & tomato, cucumber topped with Our chicken salad, & bagel chips 9.99

**CAESAR** Romaine lettuce, parmesan, and croutons tossed with Caesar dressing 7.99

**CHEF'S** ☞ Roasted chicken, ham, hard boiled egg, Swiss and Cheddar cheese, tomato, cucumber, red onion, & bacon garnish on a bed of lettuce & spinach 10.99

**VEGGIE CHEF'S** ☞ Sunflower seeds & almonds still has hardboiled egg, Swiss and Cheddar cheese, tomato, cucumber, red onion, & coconut flake garnish 8.99

ADD CHICKEN TO ANY SALAD 2.50

## **CHOICE OF DRESSING**

Poppy seed                      Ranch  
Balsamic vinaigrette      Blue cheese  
Thousand Island              Caesar      Greek

## SOUPS

Soup of the day; Tomato bisque ☞ &  
House made chili ☞: CUP 4.00 - BOWL 5.25

☞ = Gluten free

## BREADS

Made here: Herbed focaccia bread.  
From Companion Bakery™: Pugliese (white bread),  
Miller's 5 Grain (dark bread), Pretzel bun  
& Seeded NY Rye

## WEEKDAY SPECIALS

**Monday: Thai Yellow Curry** This warm, comforting, creamy vegan yellow curry is simmered with coconut milk, potatoes, carrots, broccoli, cauliflower, and baby corn over a bed of rice 7.99

**Tuesday: SLOPPY JOE** House made sloppy Joe, served on a toasted hamburger bun with your choice of side 7.99

**Wednesday: NAPOLI PASTA** Chicken breast, sun dried tomatoes, artichoke hearts, in a cream sauce over penne pasta and choice of bread 9.99

**Thursday: CHICKEN CAESAR WRAP** Whole wheat wrap, roasted chicken breast sliced thin, Romaine lettuce, crispy bacon, parmesan cheese, with dressing and one side 8.99

**Friday: SHRIMP & GRITS** House made Andouille gravy over cheesy grits topped with five jumbo shrimp 10.99